

To the Cantabile Women's Chorus, Kingston Ontario  
Dr. Mark Sirett, Director

# Despertar al Amor

text adapted by the composer from various sources, incl., Buddha (b. 536 B.C.) & Teresa of Avilá (b.1515)

Joan Szymko  
ASCAP

**Frame Drum**

$\times$  = muted  
 $\bullet$  = tone

**mf**

Note: Opening 4-bar pattern repeats consistently EXCEPT at Ms. 25-28 & Ms 61-63

**S**oprano 1 (Treble clef, 4/4 time)

**S**oprano 2 (Treble clef, 4/4 time)

**A**ltos (Treble clef, 4/4 time)

**Piano** (Treble and Bass clefs, 4/4 time)

**Violoncello** (Bass clef, 4/4 time)

**Frame Drum**

**mf**

Altos: An - tes de ca - mi - nar, \_\_\_\_\_ an - tes de po - der via - jar \_\_\_\_\_ el ca-mi - no \_\_\_\_\_

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\*text sources are Public Domain: Buddha (trad. quote trans. to Spanish by J.S.), Teresa of Avilá from Chapter 1 of *El Castillo Interior, ( Las Moradas)* & trad. Camino pilgrim greeting

**FOR PERUSAL ONLY**

8

Sops *mf*

An-tes de ca-mi-nar, an - tes de po-der via-jar el a-mi-no

pizz.

*mf*

II

Tutti 3-part

S de-bes ser de-bes ser el ca-mi-no mis-mo, de - bes

S besser de-bes ser el ca-mi-no mis-mo, de - bes

A de-bes ser de-bes ser el ca-mi-no mis-mo, de - bes

13

S                                  *cresc.*

S                                  *cresc.*                          *mf*

S                                  *cresc.*                          *mf*

A                                  *cresc.*                          *mf*

16

An - tes ca - mi - nar,\_\_\_

an - tes de po - der via - jar\_\_\_

an - tes de ca - mi - nar,\_\_\_

an - tes de po - der via - jar\_\_\_

an - tes de po - der via - jar\_\_\_

pno                          *mf*

vc

6

18

el ca-mi no An - tes de ca-mi-nar, an - tes de po - de-via-jar.

el ca-mi no el ca-mi no tes de po-der el ca-mi no antes de po-der

21

el ca - mi - no de bes ser de-bes ser el ca-mi-no mis-mo, de-bes

via - el ca - mi - no de bes ser de-bes ser el ca-mi no mis-mo, de-bes

de-bes jar el ca - mi - no de-bes ser de-bes ser el ca mi-no mis-mo,

*leggiero*

*mp*

arco

*mf*

24

*4-part*

S1      ser, de-bes ser el ca-mi-no mis - mo. Ul - trei - a!

S2      de-bes ser de - bes ser el ca - mi-no mis - mo. Ul - trei - a! \_\_

A1      de-bes ser de - bes ser el ca-mi-no mis-mo, Su -

A2      de-bes ser de - bes ser el ca-mi-no mis-mo, Su -

Bassoon part (basso continuo):

ff

**FOR PERUSAL ONLY**

26

Ul - trei - a!

se - a!

Su - sei - a!

Y no es-tá la co-sa en pen - sar  
*sempre f*

se - a!

Su - sei - a!

Y no es-tá la co-sa en pen - sar  
*sempre f*

*3*

29

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INTENTIONALLY  
PERUSAL SCORE

*poco a poco dim.*

*mf*

*poco a poco dim.*

si-no en a - mar, mu cho; — a - mar a - mar a - mar

*poco dim.*

si - no en a - mar, si no en a - mar — a - mar a - mar a - mar mu

*poco a poco dim.*

si - no en a - mar mu - cho; a - mar, a - mar,

*poco a poco dim.*

si - no en a - mar, si no en a - mar — a - mar

*poco a poco dim.*

*pizz. strum*

**FOR PERUSAL ONLY**

35

mu-cho,\_ a - mar a - mar mu-cho\_

- cho,\_ a - mar a-mar n \_ a - mar mu-cho.

a - mar mu - cho\_ a - mar mu - cho\_ ↘

a - mar a - mar, a - mar ↗ pp

a - mar ↗ p pp

p ↗

FOR PERUSAL ONLY

12

39

**p** 3 3 *y a-sí lo que más* os des-per-ta-reá a - mar, es - o ha - ced,

**p** 3 3 *y a-sí lo que más* es - o ha - ced des-per-ta-reá a -

**p** 3 3 *y a-sí lo que más* os des-per-ta-reá a - mar, es - o ha - ced,

pno { *y a-sí lo que más* os des-per-ta-reá a - mar, es - o ha - ced,

42

*f* *with energy!* es - a - ced. Des-per- tar al a -

*with energy!* Des-per- tar! Des-per- tar al a - mor. Des-per- tar! Des per- tar al a -

*with energy!* es - o ha - ced. Des-per- tar! Des-per- tar al a - mor. Des-per- tar! Des per- tar al a -

*f*



45

S1  
S2  
A1  
A2

mor!  
Des - per - tar!  
Des - per - tar!  
Des - per - tar! al amor.

sub *p*  
sub *p*  
*mf*  
*mf*  
*f*

*fp*      *mf*      *f*

piano tacit to M51

arco

48

An-tes de  
An-tes de ca-mi-nar,  
An-tes de ca-mi-nar,  
An-tes de ca-mi-nar,

an-tes de po-der via-jar el ca-mi-no  
an-tes de po-der via-jar el ca-mi-no  
an-tes de po-der via-jar el ca-mi-no

*mf*

pizz.  
*mf*

14

51

*simile*

54

*FOR PAPERUSA ONLY*

**FOR PREFERENCE ONLY**

56

S1      ser, de bes ser el ca-mi-no mis - mo. Ul - trei - a! Su-sei - a!

S1      ser, de bes ser el ca-mi-no mis - m Ul - trei - a! Su-

A1      ser, de bes ser el ca-mi - no mis - mo. Su - sei - a! Su-

A2      ser, de bes ser el ca-mi - no mis - mo. Ul - trei - a! Ul - rei - a! Su-

Piano/Bass: *cresc.* *f*

**FOR PERUSAL ONLY**

59

Des-per-tar al a - mor.

Des per-tar al a-mor.

Des-per- tar!

Des-per- tar!

sei-a!

Des-per-tar a -

Des-per - tar al a - mor.

Des-per-tar!

Des-per-tar!

(b) sei- a!

Des-per-tar a - mor.

des per-tar al a-mor.

Des-per- tar!

Des-per-tar!

sei-a!

Des-per-tar al a - mor.

Des-per - tar al a - mor.

Des-per-tar!

Bassoon parts with slurs and grace notes.

62

ff

Des-per-tar al a-mor!

ff

Des-per-tar al a-mor!

ff

Des-per-tar al a-mor!

ff

Des-per-tar al a-mor!

pizz.

ff

## Translation

### Joan Szymko (b.1957)



Joan Szymko's music is sung by distinguished ensembles across North America and abroad including performances at international competitions and festivals, state and regional conferences and at six consecutive National Conferences of the American Choral Director's Association. Works such as "Nada te turbe" and "It Takes a Village" have entered into the standard repertoire in America.

The ACDA has recognized her lasting contribution to the choral arts by selecting Szymko as the recipient of the 2010 Raymond W. Brock Memorial Commission. In addition to her own Viriditas Music catalog, Joan Szymko has over sixty titles published by Santa Barbara Music Publishing, *earthsongs*, Roger Dean Publishing Company, Treble Clef Press and Yelton Rhodes Music.

Composing for choir is a natural outgrowth of Szymko's creativity as a choral director, having developed community and church choirs in the Pacific Northwest over the past three decades. As with her conducting, Joan's dedication to craft and artistry, her love and respect for the singer, and her insistence on quality texts are all reflected in her choral writing. She is the Artistic Director of Aurora Chorus and a resident composer with Do Jump! Movement Theater (Portland, Or).

## Program Notes

**Despertar al Amor** was created especially for a concert entitled: "Paths of Miracles." Mark Sirett, Cantabile Women's Chorus Director, asked me to compose a new work in Spanish for a program that would be an exploration of sacred and secular music of Spain tracing a path along *El Camino de Santiago*—the Way of St. James. This important medieval pilgrimage route is still traveled today by tens of thousands of spiritual seekers each year. While researching possible texts, I read many blogs and post-pilgrimage reflections. The opening Buddha quote comes from a *camino* blogger. "*Ultreia!*" and "*Suseia!*" are greetings still heard on the *camino*; they appear in the refrain of a song found in the 12th cent. *Codex Calixtenus* manuscript. Thought to be derived from the ancient Galician language, both words have Latin roots. I selected the Teresa of Avilá text as a tribute to *camino* pilgrims. The beginning of the passage from *Las Moradas* (The Mansions) actually references a journey: *Solo quiero que estás advertidas que, para aprovechar mucho en este camino y subir a las moradas que deseamos, no está la cosa en pensar, sino en amar mucho;* meaning, "to get far on this road and go up to the dwellings we want, the thing is not to think too much, but to love much, and thus do what most awakens you to love." It is my impression that for many a pilgrim, walking the *camino* is a great awakening—to love, to what truly matters in life.

### Despertar al Amor

Antes de caminar, antes de poder viajar el camino  
debes ser el camino mismo.

Ultreia!  
Suseia!

Y no está la cosa en pensar mucho,  
sino en amar mucho;  
y así lo que más os despertare a amar, eso haced.

Despertar! Despertar!  
Despertar al amor!

### Awaken to Love

Before you walk, before you can travel the path  
you must become the path itself.  
(Buddha)

We go beyond!  
We go upward!

(*traditional greeting and response of pilgrims as they meet on the Camino de Santiago de Compestela*)

And the thing is not to think too much,  
but to love much;  
and thus, do what most awakens you to love.  
(Teresa of Avilá)

## Notes on Performance

The steady footfalls of the *camino* pilgrim are to be heard in the drum part of *Despertar al Amor*. Tempo throughout should not waver. As to the drum, a medium to low pitched tar, played with the hand is strongly recommended. The point of articulation of the muted tones on the "down" of beats 1,2 & 3 should be precise, though the player may pull fingers off the skin to create a dry sound in between those beats. Beat 4 variations are to be played with an intention of propelling the pilgrim/singer forward.

The multiple key changes on the opening melodic themes reflect the transformational nature of the pilgrim's journey. Sing the text: *y no esta la cosa en pensar mucho, sino en mar mucho* (begins at M28)—with a sense of discovery, as if the understanding of these words is as much a destination as is the pilgrim reaching the Cathedral in Santiago. The repetitive treatment of *amar mucho* (Ms. 32-38) is a surrendering to the wisdom of the journey and is to be sung inwardly, as a meditation, steering the piece to its conclusion: That what is truly important, and which must be done and celebrated is that which awakens one to love.