

JOAN SZYMKO

*for the Monmouth Chorale, Timothy Pahel, Director*

# LO LEFACHED

*do not be afraid*

The whole world is a very narrow bridge  
and the main thing is not to be afraid at all

a setting for  
SATB CHORAL ENSEMBLE  
with  
percussion



JOAN SZYKMO (b.1957)

Joan Szymko's choral music is regularly performed at regional, national and international choral festivals, competitions and conferences. Utilizing a familiar music vocabulary, she creates works that are nonetheless fresh and engaging. Compelling and inspiring, her text selections are as notable as her music. Szymko is widely recognized as a foremost American composer of exceptional repertoire for women's choir. The American Choral Director's Association recognized Szymko's lasting impact on the choral arts in America by selecting her as the recipient of the prestigious Raymond W. Brock Memorial Commission in 2010.

Joan Szymko lives and works in the beautiful Pacific Northwest. She enjoys a fruitful collaboration with Portland based Do Jump! Movement Theater, (1995-present) composing underscoring for several productions including tours on Broadway and LA's Geffen Playhouse. A dynamic conductor, she founded and directed Viriditas Vocal Ensemble (1994-2002), has served on the choral music faculty of Portland State University (2013-15) and led Aurora Chorus as Artistic Director from 1993 to 2020. As a visiting artist, Szymko workshops her compositions with choirs in a variety of educational and festival settings across the country and abroad.

## REBBE NACHMAN of BRESLOV (1772-1810)

"Nachman is a unique figure in the history of Chassidut, the Jewish revival movement founded by his great-grandfather, the Baal Shem Tov (Master of the Good Name). In his lifetime, the Rebbe was well-known as a Chassidic master, attracting hundreds of followers. Today, over 200 years after his passing, his following numbers in the tens of thousands, making him a vibrant source of encouragement and guidance in today's world." —from breslov.org

### TEXT

The text is a quote from Nachman's *Likutei Moharan*, his magnum opus; a collection of his formal lessons.

**כל העולם כולו גשר צר מאד והעיקר לא לפחד כלל**

Translation:

The whole world is a very narrow bridge  
and the main thing is not to be afraid at all

*Kol ha'olam kulo  
Gesher tsar, me'od  
Veha'ikar lo lefached klal.*

### PRONUNCIATION GUIDE for Modern Hebrew Transliteration

#### VOWELS

a / ah as in **father**  
e //eh as in **red**  
i / ee as in **green**  
o / oh as in **coat**  
u / oo as in **cool**

(') / the apostrophe is used to indicate a vowel similar to the "e" in **courtesy**.

#### CONSONANTS

as in English, exception: ch as in ch sound of **Bach**

*for the Monmouth Chorale, Timothy Pahel, Director*

# LO LEFACHED

בכל העולם כולם גשלו גשר צר מאוד והעיקר לא לפחות כלל

The whole world is a very narrow bridge and the main thing is not to be afraid at all

Nachman of Breslov (1772-1810)

music by Joan Szymko

*poco marcato*

S.  $\text{J.}=70$  A. T. B. Drum\* Rattle\*

*mf* N.B.  
Kol ha'o-lam ku-lo,  
*mf* N.B.  
Kol ha'o-lam ku-lo,  
Kol ha'o-lam ku-lo,  
Kol ha'o-lam ku-lo,  
*mf* *siempre*

**FOR PERUSAL ONLY**

5  
*legato*  $\text{J.}=70$  *mf* *poco marcato* N.B.  
Kol ha'o - lam ku - lo, Kol ha'o - lam ku - lo,  
Kol ha'o - lam ku - lo, Kol ha'o - lam ku - lo,  
Ge - sher tsar, me' - od, Ge - sher tsar me' - od  
Ge - sher tsar, me' - od, Ge - sher tsar me' - od

Rattle

\* PERCUSSION NOTES:

**Rattle(shaker)**: select an instrument that can be played with precision; e.g. "egg" shaker with a handle

**Drum:** of a type with thick skinned head to be struck with mallet or stick; native frame drum, mid-sized taiko drum /floor tom can be used, but take care that pitch does not dominate and tone is not overly reverberant. Do not use a djembe.

A

8      *legato*      *simile*

Ge-sher tsar, me'-od,      ge-sher tsar me'-od      Kol ha'o-lam ku-lo,      Kol ha'o-lam ku-lo,

Ge-sher tsar, me'-od,      ge-sher tsar me'-od      Kol ha'o-lam ku-lo,      Kol ha'o-lam ku-lo,

Kol ha'o-lam ku-lo,      Kol ha'o-lam ku-lo,

Kol ha'o-lam ku-lo,      Kol ha'o-lam ku-lo,

Rattle

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**FOR PERUSAL ONLY**

Ge - sher tsar, me' - od,      ge - sher tsar me' - od      Ge - sher tsar me' - od,      ge - sher tsar me' - od,

Ge - sher tsar, me' - od,      ge - sher tsar me' - od      Ge - sher tsar me' - od,      ge - sher tsar me' - od,

Ge - sher tsar, me' - od,      ge - sher tsar me' - od      Ge - sher tsar me' - od,      ge - sher tsar me' - od,

Ge - sher tsar, me' - od,      ge - sher tsar me' - od      Ge - sher tsar me' - od,      ge - sher tsar me' - od,

Rattle

13

**B**

ge-sher\_ tsar\_ me' - od.

Kol ha'o - lam ku-lo, Kol ha'o - lam ku-lo,

ge- sher\_ tsar\_ me' - od.

Kol ha'o-lam ku-lo, Kol ha'o-lam ku-lo,

Drum

Rattle

**FOR PERUSAL ONLY**

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Ge - sher tsar, me' - od, ge - sher tsar me' - od, ge - sher tsar me' - od ge - sher

Ge - sher tsar, me' - od, ge - sher tsar me' - od, ge - sher tsar me' - od, ge - sher tsar me' - od,

dim.

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Kol ha'o - lam, kol ha'o - lam ku - lo, Ge - sher tsar, ge - sher tsar me -  
tsar me' - od, Kol ha'o - lam ku - lam\_

Kol ha'o - lam, kol ha'o - lam ku - lo, Ge - sher tsar, ge - sher tsar me -  
Kol ha'o - lam\_

**FOR PERUSAL ONLY**

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'od, Kol ha'o - lam, kol ha'o - lam ku - lo, Ge - sher tsar, ge - sher tsar me -  
lo

'od, Kol ha'o - lam, kol ha'o - lam ku - lo, Ge - sher tsar, ge - sher tsar me -  
lo

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**C**

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'od, Kol ha'o - lam, kol ha'o - lam ku - lo, Ge - sher tsar, ge - sher tsar me -

'od Kol ha'o - lam, kol ha'o - lam ku - lo, Ge - sher tsar, ge - sher tsar me -

**C**

**FOR PERUSAL ONLY**

29

'od Kol ha'o - lam, kol ha'o - lam ku - lo, Ge - sher tsar, ge - sher tsar me -

'od Kol ha'o - lam, kol ha'o - lam ku - lo, Ge - sher tsar, ge - sher tsar me -

**p**

31

Kol ha'o-lam, kol ha'o-lam ku - lo, Ge-sher tsar, ge-sher tsar me - 'od, Kol ha'o-lam, kol ha'o-lam ku -  
Kol ha'o-lam, kol ha'o-lam ku - lo, Ge-sher tsar, ge-sher tsar me - 'od, Kol ha'o-lam, kol ha'o-lam ku -

a niente

'od,

a niente

'od,

**FOR PERUSAL ONLY**

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**D**

lo, Ge - sher tsar, ge - sher tsar me - 'od, Kol ha'o-lam, kol ha'o-lam ku - lo, Ge-shertsar, ge-shertsar me -  
lo, Ge - sher tsar, ge - sher tsar me - 'od, Kol ha'o-lam, kol ha'o-lam ku - lo, Ge-shertsar, ge-shertsar me -

**mp**

Ve - ha - 'i - kar

**mf**

Ve - ha - 'i - kar

**D**

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'od, Kol ha'o-lam, kol ha'o-lam ku - lo, Ge-sher tsar, ge - sher tsar me - 'od, ge - sher tsar, ge - sher tsar me -

'od, Kol ha'o-lam, kol ha'o-lam ku - lo, Ge-sher tsar, ge - sher tsar me - 'od, ge - sher tsar, ge - sher tsar me -

*f*

8 Lo le - fa - ched, *f* Lo le - fa - ched,

Lo le - fa - ched, Lo le - fa - ched, *mf*

**FOR PERUSAL ONLY**

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'od, Lo le - fa - ched, lo le - fa - ched, lo le - fa - ched lo le - fa - ched, lo le - fa - ched, lo

'od, Lo le - fa - ched, lo le - fa - ched, lo le - fa - ched lo le - fa - ched, lo le - fa - ched, lo

8 k'lal, k'lal, k'lal,

k'lal, Lo le - fa - ched, lo le - fa - ched, lo le - fa - ched lo le - fa - ched, lo le - fa - ched, lo

*f* *siempre*

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Ve - ha - 'i - kar lo le - fa - ched,  
lo le - fa - ched, lo le - fa -  
Ve - ha - 'i - kar lo le - fa - ched,  
lo le - fa - ched, lo le - fa -  
lo le - fa - ched Ve - ha - 'i - kar lo le - fa - ched, lo le - fa -  
lo le - fa - ched Ve - ha - 'i - kar lo le - fa - ched, lo le - fa -

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ched\_\_\_\_\_ klal.\_\_\_\_\_

ched\_\_\_\_\_ klal.\_\_\_\_\_

ched\_\_\_\_\_ klal.\_\_\_\_\_

ched\_\_\_\_\_ klal.\_\_\_\_\_

ff ff